

5th April 2019

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Dear Parent/Carer

National School Sports Week - Race for Life Event – Monday 24th June 2019



I am delighted to announce that to kick off our school Sports Week, we will be hosting our very own Race for Life event. This 5 km challenge will take place during the afternoon of Monday 24th June. The event will be open to pupils, staff and families – it is my hope that classes and families will enjoy the opportunity to train together and help raise money for such a worthwhile charity.

Rather than setting up a 'Just Giving' page, we are asking for an entry fee of a minimum of **£2 per person**. This will include a medal for taking part in the challenge. Pupils will be expected to take part in the event but, if they do not wish to contribute, they will be awarded a certificate instead. However, all visiting family/friends who wish to take part will be expected to pay. The entry fee can be paid via SCOPAY, the schools online payment system, and if you wish to donate more than the minimum, we will appreciate your generosity in supporting such a good cause.

I will need a clear idea of who would like to enter the race so that I can take into account staggered start times to allow for different age groups and ability groups, as well as family races. There is no limit for entry numbers so grandparents and siblings are welcome – everyone except the dog! Pupils and families will be able to wear anything they choose, but good trainers are essential!!

To accompany this letter, I have put together a training booklet for those families who are keen to take on the challenge. I don't want any injuries or strains so please ensure you find an appropriate programme that suits your needs, as well as ensuring rest days, and sensible diet/hydration are as important as the exercising!

Please use the Easter holidays to think it through and, if keen, please complete the slip with the names of all competitors and return the attached slip to school by **Friday 7th May**.

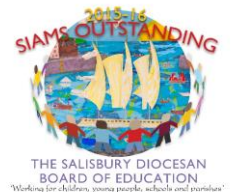
If you have any queries please do not hesitate in contacting me.

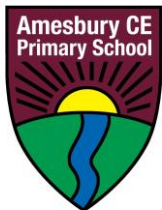
Thank you for your support.

Yours sincerely

Ms C Wildman
Sport Manager

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SCHOOL SPORTS WEEK 2019 – RACE FOR LIFE EVENT

Monday 24th June 2019

Please return by Friday 7th May

Organiser: C Wildman

Pupil name	Age	Class	Contribution (min £2)
The following family members would like to be entered into the Race for Life on Monday 24 th June:			
Family member name	Age	Relationship to pupil	
TOTAL CONTRIBUTION			

I have paid the entry fee of £2 per person (minimum), online via SCOPAY, as per the **TOTAL** above.

Signed: Date:.....

Print name:

