

13th June 2019



Amesbury CE VC Primary School
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Dear Parent/Carer, family member and friend!

Race for Life - Monday 24th June 1-3 pm

I am delighted to see that you have signed up for our school Race for Life and a big **thank you** for being a part of, and donating to, such a worthwhile cause. This letter should give you all information needed in readiness for the event.

- **WHOLE SCHOOL EVENT:** It has been decided to make it a whole school event instead of separate races to allow for comradery throughout all the year groups.
- **LUNCH:** Pupils will have a normal lunchtime.
- **ARRIVAL – 1 PM:** We ask all adults to arrive, ready to be allowed entry into school, at 1 pm. Please come via the front main gate and you will be met and registered. As a school, we take the safeguarding of our pupils as paramount to anything else, so it is essential that we monitor who is on site and where they are at all times.
- **PUPILS TO START LINE - 1.15 pm:** All pupils will come out and head to the start line and, at this point, you will find your child(ren) and can gather with them where you feel most suitable. Much like any big race there will be a huge gathering around the start, with many runners a fair way back from the actual start line!
- **KEEPING UP:** Please don't feel in any way that you have to keep up with anyone – if your child(ren) wish to stay with you all the time or just say 'Hi' as they pass you that is ok.
- **FIRST AID & WATER:** We will have plenty of first aiders on site, as well as water stations at the water fountains and the art room. We do advise that all taking part have a water bottle, which they are welcome to take round with them. *If you use an inhaler/epipen please ensure you carry it with you at all times.*
- **LAPS:** The race will consist of 9 laps. At the end of each lap, a marshal will mark your hand/arm with a drywipe pen (it is our only viable way to keep track of runners). The route and a plan are attached.
- **FINISH:** Once completed, pupils will be guided into the Main Hall to recover and then gradually make their way back to their classes. Most of you have youngsters running and walking with you so may need at least an hour to complete the distance. We are stopping all runners at 2.45 pm in order to prepare for a normal end of day routine.



- **GOING HOME:** As your child(ren) head back to class, we would ask that you wait on the playground or in the Main Hall until pupils are released at 3 pm. We hope you understand the need for class teachers to have 15 mins to ensure pupils have all information and items ready for home time, as well as having that small amount of time to reflect on the day that they have had.

Staff will be keeping a close eye on pupils to ensure they are suitably dressed for the event, as well as preparing beforehand by keeping hydrated, eating and warming up. If you have any injuries or illnesses which could affect your race, please inform us when you register at the start. We endeavour to keep everyone safe and happy throughout the afternoon.

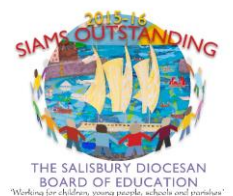
If you have any queries please do not hesitate in contacting school before the event.

Good luck! We hope you have a wonderful afternoon!

Yours sincerely



Ms C Wildman
Sport Manager





AMESBURY CE PRIMARY SCHOOL – RACE FOR LIFE ROUTE (plan attached)

- Start – On main playground near water fountain
- Past Year 4/5 classrooms windows
- Turn right & run around main playground
- Turn left down slope near the staffroom
- Turn right at main entrance door towards main gate
- Turn right at front of trim trail towards lower netball court
- Turn right towards main playground
- Turn left at main playground, past summerhouse and follow tarmac path up to field (please keep left – as this is quite a narrow path, a dashed line will be sprayed onto the ground to separate those running in opposite directions)
- Turn left on tarmac path towards side gate to field
- Following fencing & cones around perimeter of the field
- Please do not go onto banks or in Forest School areas!
- When you reach the Art Studio go past towards the field drinking fountain, past the Year 6 corridor entrance
- Turn left back down the tarmac path (keeping left of dashed line)
- Arrive back at start point where a marshal will mark your arm/hand with a marker to show completion of a lap



The above route to be repeated until completion of 9 laps.

- On the 9th lap, continue the route around the main playground and down to the finish line.
- Finish line is down by the Main Hall entrance
- Finish marshals will check that runners have all 9 marks on their arm/hand.
- Pupils/adults receiving a medal will show their stamped hand, whilst all others will be given a completion certificate.

