

What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated frequently and deliberately.



Emotional: Hurting peoples feelings, leaving you out.

Physical :

Punching,kicking,spitting,hitting,pushing.

Verbal: Being teased , name calling.

Cyber: Saying unkind things by text ,email and online.

Differences:-: Being unkind about any differences - the way you look, your beliefs , race, any disability etc.

When is it bullying?

Several
Times
On
Purpose



We promise to listen and to treat bullying seriously.

Who can I tell?



A Friend

Parents/ Carers

Teachers and Teaching Assistants

School buddies

Lunchtime Staff

MOST IMPORTANTLY:

If you are being bullied:

Start **T**elling **O**ther **P**eople

If you are bullied:

DO:

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Use the classroom worry box if you are too scared to speak openly about it.
- Talk to a friend.
- If it is a text - show your parent/carer.
- TELL SOMEONE



DON'T:

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- Hide it.

What should I do if I see someone else is being bullied:

- Tell an adult straight away.
- Don't stay silent or the bullying will keep happening.
- Be a good friend

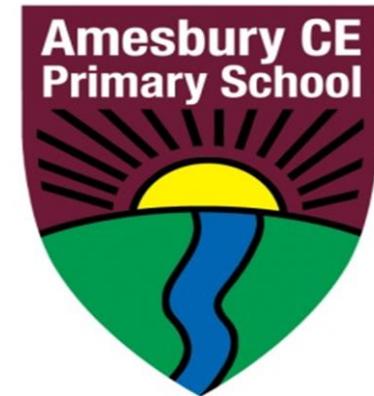
The Head, the Governors and the staff will work together to:

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

What will happen to a bully?

Teachers will get involved by talking to those concerned and their parents.

Amesbury CE Primary School



Child Friendly Anti-Bullying Policy